

# HEALING WORKSHOPS

## 04 SATURDAY

08:00 - 09:00 Yin Yang Yoga  
by Kseniya Konyaeva

09:00 - 10:00 Sustainable Harmony  
by Annika and Pia

10:00 - 11:00 The Body Code  
by Corinna Trione

11:00 - 11:30 Drugs and Crime:  
is this relationship natural?  
by Dr Giulia Zampini

11:30 - 12:00 Cannabis quality and transparency  
by Dr Fabian Steinmetz

12:00 - 13:00 Rooted : grounding into the body's  
innate resilience  
by Luca Bogen  
(The Tree, Gozo)

13:00 - 14:00 Life Exposed  
by Sasha Vella & Matthew Brincat

14:00 - 14:30 Dance it all out!  
by DJ Spirit Therapy

## 05 SUNDAY

08:00 - 09:00 Emotional Alchemy  
by Claire Mangion

09:00 - 10:00 Morning Awakening  
by Simone Nagero

10:00 - 10:30 People at Play by  
Dr Giulia Zampini & Ms Karen Mamo

10:30 - 11:30 Relationships - The Space of Growth  
by Catarina Teixeira & Kevin Busuttill

11:30 - 12:30 Slow fashion and dressing with empathy  
by Tonya Lehtinen

12:30 - 02.30 Healing Humanity  
Understanding internalised racism  
by THE JAM  
Micaela Bogen & Amber Le Roux

14:30 - 16:00 Ecstatic Dance  
by DJ Spirit Therapy

